



## **Brief Contents**

		Preface ix
CHAPTER	1	Assessment in Counseling 1
CHAPTER	2	Basic Assessment Principles 18
CHAPTER	3	Reliability 37
CHAPTER	4	Validity and Item Analysis 56
CHAPTER	5	Ethical and Legal Issues in Assessment 78
CHAPTER	6	Issues Related to Assessment with Diverse Populations 96
CHAPTER	7	Selecting, Administering, Scoring, and Communicating Assessment Results 119
CHAPTER	8	Initial Assessment in Counseling 140
CHAPTER	9	Intelligence and General Ability Testing 168
CHAPTER 1	0	Assessing Achievement and Aptitude: Applications for Counseling 193
CHAPTER 1	1	Assessment in Career Counseling 214
CHAPTER 1	2	Appraisal of Personality 237
CHAPTER 1	3	Behavioral Assessment 267
CHAPTER 1	4	Assessment in Marriage and Family Counseling 281
CHAPTER 1	5	Diagnosis 300
CHAPTER 1	6	Monitoring and Evaluating Counseling 328
Appendix A	4	2014 ACA Code of Ethics Section E 342
Appendix l		Table of Areas Under the Normal Curve 347
Appendix (		Standards for Multi-ult 14
Glossar		355 355
Reference	•	362
Inde	X	379

## Contents

Preface ix
CHAPTER 1
Assessment in Counseling
What Is Assessment? 2
Do Counselors Need to Know About Assessment? 3
Assessment Is Integral to Counseling 4
Assessment Can Be Therapeutic 7
What Do Counselors Need to Know About Assessment? 8
Types of Assessment Tools 9
History 11
Summary 17
CHAPTER 2
Basic Assessment Principles 18
Measurement Scales 19
Norm-Referenced vs. Criterion-Referenced Instruments 20
Interpreting Norm-Referenced Instruments 21
Measures of Central Tendency 23
Measures of Variability 25
Normal Distributions 27
Standard Scores 30
Stanines 32
Evaluating the Norming Group 35
Summary 36
CHAPTER 3
Reliability 35
Classical Test Theory 38
Correlation Coefficients 39
Types of Reliability Coefficients 43
Evaluating Reliability Coefficients 47
Standard Error of Measurement 48
Standard Error of Difference 51
Generalizability Theory 52
Item Response Theory 53
Summary 54

CHAPTER 4
Validity and Item Analysis56
Validity 56
Item Analysis 71
Summary 77
CHAPTER 5
Ethical and Legal Issues in Assessment
Ethics 79
ACA Code of Ethics 80
Client Rights and Responsibilities 85
Counselors Rights and Responsibilities 86
Legal Issues in Assessment 87
Summary 95
CHAPTER 6
Issues Related to Assessment with Diverse Populations
Culture and Assessment 98
Assessment of Individuals with Disabilities 109
Summary 117
CHAPTER 7
Selecting, Administering, Scoring, and Communicating Assessment Results
Selection of Assessment Instruments or Strategies 120
Administering Assessment Instruments 126
Scoring 126
Communicating Results 129
Summary 138
CHAPTER 8
Initial Assessment in Counseling
Initial Intake Interview 141
Defining the Client's Problem 144
Interviewing Skills and Techniques 145
Interviewing Children 146
Structured and Unstructured Initial Interviews 147
Strengths and Limitations of Interviewing 149
Other Strategies That Can Be Used in Initial Assessment 150
Assessing Specific Problems in the Initial Sessions 153
Mental Status Examination 164

CHAPTER 9
Intelligence and General Ability Testing 168
Models of Intelligence 169
Individual Intelligence Testing 174
Group Intelligence Testing 184
Issues in Intelligence Testing 186
Summary 191
CHAPTER 10
Assessing Achievement and Aptitude: Applications for Counseling 193
Assessment of Achievement 194
Aptitude Assessment 201
Test Preparation and Performance 211
Summary 212
CHAPTER 11
Assessment in Career Counseling 214
Assessing Individual Differences 216
Career Process Measures 227
Qualitative Career Assessment 229
Issues and Trends in Career Assessment 231
Summary 235
CHAPTER 12
Appraisal of Personality
Informal Assessment Techniques 239
Structured Personality Inventories 241
Projective Techniques 260
Self-Concept Measures 265
Summary 266
Summary 200
CHAPTER 13
Behavioral Assessment
Observational Recording Methods 270
Self-Monitoring 275
Reactivity 276
Formal Behavioral Assessments 277
Error in Behavioral Assessment 278
Summary 279
CHARTER 44
CHAPTER 14 Assessment in Marriage and Family Counseling
Assessment in Marriage and Family Counseling
Difficulties with Assessment of Couples and Families 283 Family Interviews 285
CAUDIA DIRECTIONS (ZAO)

Mapping Techniques 286
Use of Instruments Designed for Individuals 291
Formalized Assessment Instruments Specific to Marriage and Family 292
Summary 298
CHAPTER 15
Diagnosis
DSM-5's Definition of a Mental Disorder 302
Organizational Structure 303
Cultural Issues 304
Nonaxial System 304
Other Specified and Unspecified Disorders 305
Subtypes and Specifiers 305
DSM-5 Emerging Measures 306
Diagnostic Criteria 307
Common Diagnoses 309
Implications for Counselors 324
Instruments Designed to Assist in Diagnosis 324
Summary 327
CHAPTER 16
Monitoring and Evaluating Counseling
Treatment Monitoring 329
Evaluation in Counseling 333
Summary 340
Appendix A 2014 ACA Code of Ethics Section E
Appendix B Table of Areas Under the Normal Curve
Appendix C Standards for Multicultural Assessment (4th Edition) 349
Glossary
References
Index 379